

“Zyng”

The word
in Chinese
that sounds
like Zyng
has many
meanings.

These are a
few of them:

Essence of life

Extremely

Very

Refined

Meticulous

Excellent

Precise

Sharp

Perfect

Clever

Wise

Skilled

Strong

Spirit

Energy

and our
favourite,

The best.

精[®]

Zyng

ASIAN GRILL

APPETIZERS

Dim Sum

Four varieties of dumplings.

Choose your favourite or mix and match!

Chickenleekling - Filled with chicken & leek.

Beef Gyoza - Filled with beef & vegetables.

Vegetable - Asian vegetable filling.

Shrimp - Filled with little shrimps.

Steam basket of 6

Steam basket of 10

Dipping Sauces - Your choice

Dumpling Dipping sauce (soy, ginger, garlic and onion)

Spicy Peanut Sauce 🌶️



Add some Zyng to your Dumplings with Sake

Mu Shu Chicken Lettuce Wraps

Fill fresh lettuce cups with our blend of diced chicken, water chestnuts, bamboo shoots and mushrooms cooked in a flavourful 15-ingredient Mu Shu sauce.

Edamame Beans *new!*

Lightly salted soybeans in a pod.

Egg Rolls

Flavourful vegetarian egg rolls served with Tangy-sweet Fruit sauce.

Spicy Szechuan Green Beans 🌶️🌶️🌶️

Served hot and sprinkled with toasted sesame seeds.

Yakitori: Chicken on Bamboo Sticks

Four skewers of chicken marinated in our Regular or Fiery 🌶️🌶️🌶️ Teriyaki sauces, sprinkled with toasted sesame seeds or served in our Spicy Peanut sauce 🌶️, sprinkled with chopped roasted peanuts.

Crispy Spring Rolls

Crispy on the outside, delicate vegetables on the inside. Served with tangy-sweet Fruit sauce.

Thai Peanut Noodles 🌶️

Thin wheat noodles served cool with scallions, bean sprouts and Spicy Peanut dressing, sprinkled with chopped, roasted peanuts.

APPETIZER SOUPS

Tom Yum Goong 🌶️🌶️

A Thai savory, spicy soup with exotic Thai herb and citrus flavours, straw mushrooms, diced tomato, scallions and shrimp or tofu.

Miso Soup

A Japanese tradition. With straw mushrooms, scallions, nori and tofu.

Healthy and delicately flavoured.

The Prince's Wonton Soup

An appetizer-sized version of the Emperor's Wonton Soup. Our delicious Asian-flavoured chicken broth with Cantonese noodles and chickenleeklings.



zero No added MSG

• **The Zyng Spice Index** •

🌶️🌶️🌶️ Highly spicy

🌶️🌶️ Quite spicy

🌶️ Kind of spicy



Please don't hesitate to inform your server of any allergies. However, due to our method of Teppan Grill cooking, we are unable to fully respect allergies. We thank you for your understanding.

TEPPANYAKI TEAMWORK

You create your Meal in a Bowl.
We cook it! - We serve it!

Simply vegetables

With a protein

Choose Your Noodle, Rice or Chinese Lettuce

Banh Pho (or Sen Lek) Thin rice stick noodles (Vietnam, Thailand)

Cantonese Thin wheat egg noodles (China)

Sen Mee Fine rice vermicelli noodles (Thailand) (Mai Fun, in China)

Shanghai Thick, chewy wheat noodle (China)

Soba Highly nutritious premium buckwheat noodles (Japan)

Udon Thick, soft wheat noodles with a silky texture (Japan)

Steamed Rice Jasmine-scented long-grain rice (Thailand)

Brown Basmati Rice Nutty-flavoured, healthy, delightful (India)

Napa Cabbage (Chinese lettuce) A great carb-smart alternative

1

禄

2

Choose Your Protein

Beef or **Shrimp** or **Grilled Chicken Breast**

Vegetarian: **Tofu** or **Zoya***

福

3

Choose Your Flavouring

Sesame Garlic Ginger

Slightly tangy and sweet

Teriyaki

Sweet and soy-flavoured

Yakisoba

Soy, tomato, a hint of garlic, ginger and exotic spices

Chinese Black Bean

Savoury black beans, garlic and ginger

Orange Ginger 🌶️

Soy, orange and ginger flavours

Spicy Peanut 🌶️

A blend of spiciness and nuttiness

Pineapple Curry 🌶️

Sweet chunks of fresh, juicy pineapple, light curry flavour

Thai Coconut Curry 🌶️🌶️

Spicy, smooth and coconutty

Spicy Thai 🌶️🌶️

Red chillies, garlic and sesame

Fiery Teriyaki 🌶️🌶️🌶️

Spicy and sweet at the same time

Szechuan 🌶️🌶️🌶️

Peppery-hot with grilled sesame seeds

Kung Pao 🌶️🌶️🌶️

A blend of peanuts, chillies and hoisin

寿

4

Choose Your Vegetables

Your Server brings you an Asian Market Ticket and a bowl. Visit the vegetable market and combine them exactly as you like. Or accept our chef's selection: bamboo shoots, bean sprouts, bok choy, broccoli, carrots, green and red peppers, mushrooms, red cabbage, scallions. (no substitutions, please.)

禄

5

Let Us Serve You

Leave your bowl of veggies, with the Asian Ticket attached, at the chef's counter and then return to your table. The Chef prepares it, and your server delivers your masterpiece Meal in a Bowl.

福

***Zoya! A delicious protein topping!**

100% vegetarian - 52% protein - 18% dietary fibre - 0% cholesterol - 0% fat
Highly nutritious Zoya is made from pure soy flour, a great alternative to our chicken and beef toppings (and it doesn't wobble like tofu.)

ZYNG FAVOURITES

Chicken by General Tao 🍗

A generous portion of crispy General Tao Chicken. Served with steamed vegetables.

Sesame Beef & Broccoli *new!*

Tender marinated beef sliced and grilled with our succulent yakisoba sauce, crisp broccoli spears, sweet red peppers and onions. Seasoned with toasted sesame seeds. Served with steamed Jasmine-scented rice.

Kung Pao Chicken (or Shrimp) 🍗🍗🍗

A Szechuan flavour with hints of roasted peanuts, chili and hoisin. Grilled with blackened chilies, water chestnuts, peppers & green onions.

Pad Thai 🍗🍗

Thailand's favourite noodle dish. Banh Pho rice noodles, our delicious Pad Thai flavouring with bean sprouts, egg and tofu. Garnished with carrot slivers, chopped, roasted peanuts, cilantro and lime wedge.

Zyngy Peanut Toss

Red and green peppers and zucchini tossed in a spicy peanut flavouring served with wheat noodles.

Thai Rice Bowl 🍗🍗🍗

A large bowl of fragrant, jasmine-scented long-grain Thai rice and mixed vegetables. Spiced with Thailand's favourite seasonings.

Zyngapore Noodles 🍗🍗

Our own interpretation of the national meal-in-bowl noodle dish of the Island of Singapore. Fine rice noodles, bean sprouts, red & green peppers, onions and egg garnish. Flavoured with Zyng's Spicy Madras curry.

Your choice of grilled chicken breast, beef, shrimp, tofu or zoya.

Orange Ginger Chicken 🍗 *new!*

Crisp Chicken tossed in a tangy-orange sauce and accented with mandarin oranges, and sweet red peppers. Served with steamed vegetables.

Mongolian Beef *new!*

Pepper seasoned beef, sliced and grilled, in a mildly spiced sauce with snow peas, baby corn, and water chestnuts. Garnished with sesame seeds and served with steamed Jasmine-scented rice.

Sweet & Sour Chicken

Crispy chicken in golden batter covered with Zyng's Tangy-sweet sauce and caramelized pineapple pieces. Served with steamed vegetables.

MEALS IN BOWLS SALADS & SOUPS

Zyng Asian Salad - THE MEAL-IN-ITSELF SALAD

Lettuce mix, snow peas, carrots, mandarin oranges and crispy noodles tossed with our Japanese Sesame or Thai Sesame Peanut dressing. With grilled chicken or shrimp.

Chicken Chinese Soup

Cantonese noodles, marinated & grilled chicken, bok choy, broccoli, corn, scallions and cilantro in Asian-flavoured chicken broth.

Pho Bo

Vietnamese beef broth flavoured with star anise, cinnamon and onion. Rice noodles with marinated & grilled beef, onions and scallions. Side dish of bean sprouts and cilantro sprigs. Served with Hoisin and Sriracha sauce.

Vegetarian Soup

Rice noodles or soba noodles in Asian-flavoured vegetable broth, with tofu, shiitake mushrooms, broccoli, corn, scallions and cilantro.

The Emperor's Wonton Soup

Our delicious Asian-flavoured chicken broth, Cantonese noodles, chickenleeklings, bok choy and scallions. With fried noodles on the side.

DESSERTS

Chocolate Fortune Cake

A fortune filled cookie set atop dreamy chocolate mousse, rich ganache and a caramel drizzle promise you happiness bite after bite.

Mango Cheesecake

Creamy, cool, sweet, light and exquisite.
Set on a chocolate-cookie-crumble base.

Peanut Power!

A chocolate cookie crunch cup filled with peanut butter nougat, moist chocolate cake and a mousse full of peanut butter candy chunks.

Lychees on The Rocks

Ice-cool and nectar-sweet.



COLD & WARM BEVERAGES

Zyng Spiced Chai

A blend of spices (including cardamom, cinnamon, ginger & black pepper) and black tea, sweetened and mixed with non-fat milk. Rich & flavourful. Served hot or iced.

Zyng Pure Spring Water (Canada)

410ml

Sparkling Water

Exotic Hot Leaf Teas

Jasmine with flowers (China)

A light golden brew of green tea with a fragrance that soothes and refreshes.

Genmaicha (Japan)

This pan-fired premium Sencha green tea is blended with toasted, popped rice, giving that appearance of "popcorn tea." Full-bodied, sweet, the toasted rice giving a slight accent of grain.

Indian Spice (India)

Green tea blended with cardamom, cinnamon, ginger and cloves.

Fruit Juices

Mango, Orange, Cranberry, Apple.

Soft Drinks

Diet or regular.

Oolong (Taiwan)

A smooth, slightly sweet and delicate toasty tea with a touch of dryness.

Sencha (International)

Pan-fired green tea, light in colour but full and hearty in cup.

Herbal (International)

A blend of exotic herbs, fruits, flowers and berries including hibiscus, raspberry, rosehip, apple, strawberry and currant.

Mango Zyngo Iced Tea

Zyng's special blend of China Black and garden Ceylon teas, scented with four types of flower petals and accented with mango, papaya, passion fruit and kiwi nectars.

Glass Pitcher

WINE & BEERS etc...

Zangria

The Zyng take on the Mediterranean classic. Red wine with mandarin, lychee and other fruit juices. Served cold and colourful.

Glass
Half pitcher
Pitcher

Wines

Premium Selecton

Red - Cabernet Sauvignon
White - Sauvignon Blanc
Glass
Half-litre
Bottle

House Selection

Red and White California wines
Glass
Half-litre
Bottle

Japanese Plum Wine

Glass

Sake

Hakutsuru (Japan)
Carafon
Double Carafon

Beer

Imported

Tsingtao (China)
Tiger (Thailand)
Sapporo (Japan)
Asahi (Japan)
Heineken (Holland)
Corona (Mexico)

Domestic

Sleeman Cream Ale
Sleeman Lager
Other domestic brands

